



Maryville Middle School Invitational

Thursday, April 18th, 2024 4:00 p.m.- Field Events
4:45pm.- Running Events



Teams Participating: Maryville, Cameron, Falls City, King City, Platte Valley, Robidoux, Savannah, Truman St. Gregory's, and Stanberry.

General Information:

- Coaches will meet at 3:30 p.m. on the first floor of the Press Box for a Coaches Meeting.
- Bus drop off is on the east side of Maryville High School.
- Team areas are north and east of the track only; everyone inside the track area must stay off the football field.
- Admission will be free
- Concession stands will be open.

Entry Information:

ENTRIES-Max of 4 entries per event (max of 3 running events per individual) and max of 2 relay teams per event. We will score one relay and three individuals.- 7th/8th will **NOT** be split.

DEADLINE - Entries will open Friday, April 12th. Entries can be submitted on **MoMilesplit** "Maryville Middle School Invitational 2024" until **6 p.m. on Wednesday, April 19th.**

Entry Fee:

-\$100 per school or \$10/athlete. Checks made to Maryville RII. (can be mailed or turned in on the day of the meet).

Scoring: Meet will be scored 10-8-6-5-4-3-2-1

Awards:

Ribbons will be awarded to the top three finishers in each event and to the top three relay teams. Team plaque will be awarded to the winning boys and girls teams.

Track Equipment:

- 1/8" pyramid spikes only—will be spot-checked; competitors will be disqualified from further competition.
- Starting blocks will be provided.
- Athletes will need to bring their own throwing implements and will be inspected by the head field judge.
- Shot puts and discus will be put into a pool for all athletes to use during competition. Please make sure your shots and discus are marked so you can ID them.

Field Events:

- Shot Put and Discus will consist of three throws in each. One trip into the ring.
- Long and Triple Jump will be Cafeteria Style with three jumps in each and a one-hour time limit.
- All others per NFHS rules.

Times:

- Field Events will start at **4:00 p.m.**
- Running Events will start at **4:45 p.m.**

Note to Coaches:

-Email coach contact names with cell phone numbers and your bus leave time to beu@maryviller2.com

-Bullpen will be located in the North chute area.

-Hospitality meals will be available for Coaches, Administrators and Bus Drivers in the pressbox

-Results will be available on MoMilesplit after the track meet

If you have any questions concerning the meet, please contact:

Jamie Ball Head Track Coach, 660-562-3244 or ball@maryviller2.com or

Mat Beu, Athletic Director, 660-562-4141 or beu@maryviller2.com





Maryville Middle School Invitational

**Order of Events
April 18th, 2024**



Field Events - 4:00 p.m.

Shot Put and Discus will consist of three throws in each. One trip into the ring.

Shot Put - Boys followed by Girls

Discus - Girls followed by Boys

Long and Triple Jump-Cafeteria Style, 3 Jumps (one-hour time limit)

Long Jump G/B

Triple Jump B/G

High Jump G/B Starting Height- Girls 4' Boys 4' 2"

Running Events – 4:45 p.m.

All running events will start with Girls followed by Boys.

4x800 M relay

100 M Hurdles (Girls) 30" (Boys) 33"

100 M Dash

4 x 200 M Relay

1600 M Run

4 x 100 M Relay

400 M Dash

800 M Run

200 M Dash

4 x 400 M Relay